



# Cove Guest Home

320 Alexandra Street  
Sydney, Nova Scotia B1S 2G1  
Tel.: 902 539-5267  
Fax: 902 539-7565  
[www.coveguesthome.com](http://www.coveguesthome.com)

July 6, 2022

**Re: Restriction Easement**

Dear Staff, Family, Visitors & Volunteers:

On Monday, July 4, 2022, the province announced further easement of restrictions in Long Term Care facilities.

The following are key messages that the Cove Guest Home will be implementing along with timelines:

- Proof of vaccination is no longer required for Designated Caregivers (DCG's) or visitors to enter LTC Facilities. However, Staff, Volunteers and essential contractors are still required to show proof of vaccination.

Target Date: July 6, 2022 and ongoing.

- Visitors, DCG's, staff, volunteers and essential contractors will now self-screen before entering facility (See attached Daily Checklist). Screener will continue to be at the front entrance to support passive screening, hand hygiene and masking.

Target Date: July 6, 2022, passive screening at entrance will begin.

- Masking: (DCG's / Visitors)

May remove their mask **ONLY** when in a private area, (i.e. private room) as long as:

1. No other residents or staff contact occurs while unmasked.
2. If your loved one is in a semi-private room the curtain **MUST** be fully drawn to ensure **NO** contact with roommate or staff occurs.

- Masking: (Staff)

May remove their mask when in designated staff break areas **IF** physical distancing can be maintained.

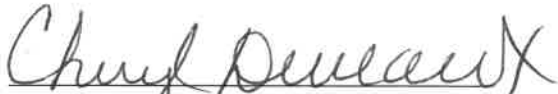
Target Date: July 6, 2022 and ongoing.

Please Note: Mask removal option **DOES NOT** apply when unit or facility is declared in an Outbreak.

**Please remember Covid-19 pandemic is not over and we need to proceed slowly.**

Please feel free to reach out to me for clarification or questions.

Thank you,

A handwritten signature in cursive script, reading "Cheryl Deveaux".

Cheryl Deveaux RN, BScN, MHS:L, MBA  
CEO / Administrator

# COVID-19 Daily Checklist

It is important to closely monitor your health and the health of those you care for to help prevent the spread of COVID-19 and other illnesses like the flu.

Vaccination is your best defense against COVID-19 and some other illnesses like the flu.

1

## Do you feel sick?

If yes, stay home or put a mask on right away and go home. Keep doing healthy habits like washing your hands and coughing or sneezing into your elbow. Avoid school, work, child care settings and public spaces. Do not return until you feel better (without fever medications) for at least 24 hours. It's ok if you still have a mild cough or runny nose, unless you are in one of the situations below.

2

## In the past 48 hours, have you had, or are you currently experiencing:



Cough (new or worsening)

OR two or more of the following symptoms (new or worsening);



Fever (i.e. chills/  
sweats)



Sore  
throat



Runny nose/  
nasal congestion



Headache



Shortness  
of breath



Nausea, diarrhea  
or vomiting

If yes, go home or stay home as noted above. Follow [Public Health instructions](#) for testing and isolation.

3

## Have you been outside Canada in the past 14 days?

If yes, check if you are required to [isolate after travel](#).

4

## Have you been told that you are a close contact of someone with COVID-19?

If yes, follow [Public Health Instructions](#).

5

## Have you tested positive for COVID-19?

If yes, follow [Public Health instructions](#).