



# Cove Guest Home

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December 16, 2021

**Re: Covid-19 Restrictions**

Dear Residents, Staff and Families;

As many of you are aware the cases of Covid-19 and its variants are on the rise in our communities.

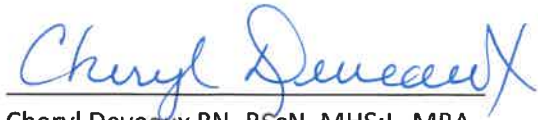
In an effort to prevent Covid from entering the Cove the following restrictions (current and new) are currently in place effective immediately.

- Everyone who visits the Cove **must** show proof they are fully vaccinated (1<sup>st</sup> & 2<sup>nd</sup> dose).
- If you are sick; even a bit under the weather, **stay home.**
- Medical masks are mandatory and are to fully cover nose and mouth at all times during your visit. No eating or drinking during your visit.
- Designated caregivers are highly encouraged to complete a rapid test at least twice a week. Kits will be available to you by the Cove Guest Home.
- Designated caregivers are also strongly encouraged to book Booster vaccinations in the community, clinic is not being offered at the Cove at this time.
- Visitors who visit regularly (2 or 3 times per week) are highly encouraged to complete a rapid test at least 24 hours before your visit. Rapid tests can be obtained at your local library.
- Physical distancing of 6 feet must be maintained; you may lean in for a quick hug.
- Only two (2) visitors at a time per resident. If your loved one lives in a semi-private room and their roommate has two (2) visitors visiting, then your visit can be arranged in another location in the Cove where physical distancing can be maintained **or** you will have to visit at an alternate time.
- Should you choose to take your loved one outside of the Cove, the following precautions must be implemented when resident returns:
  - 1) Serial PCR testing is required on day 0 (day of return), day 3 – 4 and day 6 – 7.
  - 2) Resident must be isolated to their room while awaiting day 0 test result, contact and droplet precautions in place.
- Gatherings with the Cove are limited to 10 consistent residents (staff are not counted as part of the 10). If physical distancing can be maintained, such as in the MacAskill Room the group size can be no more than 20 people, this includes residents and visitors.

We are all Covid tired but all precautions are absolutely necessary to protect each other especially our most vulnerable seniors.

On behalf of the Cove family we wish you and your family a safe and healthy Christmas and a brighter 2022.

Sincerely,

A handwritten signature in blue ink that reads "Cheryl Deveaux". The signature is written in a cursive style with a large, stylized "X" at the end.

Cheryl Deveaux RN, BScN, MHS:L, MBA  
CEO / Administrator