





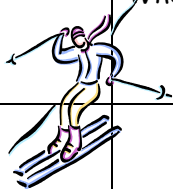



January 2023 - Cove Recreation



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 10:30 Sunday Coffee 10:30 Golden Girls 2:00 New Year Bingo</p> <p>New Year's Day</p> 	<p>2 10:30 Morning Spa 11:00 Pet Therapy- Gibson 2:00 Monday Afternoon New Year Matinee</p>	<p>3 10:30 Bible Study 10:30 Pet Therapy- Fado 11:00 Trivia 2:00 In the Kitchen</p>	<p>4 10:30 Bowling</p> <p>2:00 Canteen Cart</p> 	<p>5 Happy BDay Jean Morrison</p> <p>10:30 Rosary 11:00 Trivia 11:00 Pet Therapy-Sam 2:00 Church w/Rev. Whent</p>	<p>6 10:30 Art Therapy with Bailey 2:00 Bingo</p> <p>Epiphany</p>	<p>7 10:30 Saturday Morning Coffee 1:15 Men of the Deeps in Concert & Social to follow</p>
<p>8</p> <p>10:30 Morning Spa/Hair 2:00 Hot Cocoa Cart & Cookies</p> 	<p>9 Happy BDay Christina Seward 11:00 Pet Therapy- Gibson 2:00pm Music Therapy w/Meaghan 6:30pm Music with Gerald & Jack</p>	<p>10 Happy BDay Frances McCarthy 10:30 Pet Therapy - Fado 10:30 Anglican Communion 2:00 Canteen Cart</p>	<p>11 Happy BDay Catherine Griffen</p> <p>10:30 Bowling</p> <p>2:00 Karaoke with Gordon!</p> 	<p>12</p> <p>10:30 Yoga w/Joyce 11:00 Pet Therapy-Sam 2:00 Church with Rev. Whent</p>	<p>13 10:30 Catholic Mass w/Father Burke 2:00 Bingo</p>	<p>14 10:30 Saturday Morning Coffee</p> <p>2:00 Cards & Games & Snacks</p>
<p>15 Happy BDay Barb Nathanson 10:30 Morning Spa 2:00 Music by "119 Ashby Road" Band</p> 	<p>16 10:30 Tim Horton's Social 11:00 Pet Therapy- Gibson 2:00 Ashlee & Doll Therapy</p>	<p>17 Happy BDay BJ Singler</p> <p>10:30 Pet Therapy - Fado 10:30 Bible Study 11:00 Trivia 2:00 Bowling</p>	<p>18 10:30 Tim Horton's Social</p> <p>2:00 Canteen Cart</p> 	<p>19 10:30 Rosary 11:00 Trivia 11:00 Pet Therapy-Sam 2:00 Music with The Shenanigan's</p>	<p>20 Happy BDay Annie Bonnell 10:30 Resident Council Meeting 11:00 Trivia/Mind Games 2:00 Bingo</p>	<p>21 10:30 Saturday Morning Coffee</p> <p>2:00 'Chocolate Candy Bar' Bingo</p>
<p>22 10:30 Group Exercise/Tri via 2:00 Sunday Afternoon Matinee & Snacks</p>	<p>23 10:30 Morning Spa 11:00 Pet Therapy- Gibson 2:00John Mullaly (CCare) 2:00 Canteen Cart</p>	<p>24 10:30 Pet Therapy- Fado 10:30 Bible Study 11:00 Trivia 2:00 Music with Ed Woodsworth</p>	<p>25 10:30 Yoga with Joyce</p> <p>2:00 Music with John Mullaly</p> 	<p>26 10:30 Bowling 11:00 Pet Therapy-Sam</p> <p>2:00 Church with Rev. Whent</p>	<p>27 10:30 Art Therapy with Bailey</p> <p>2:00 Bingo</p>	<p>28 Happy BDay Nina Riley & Audrey Hooper</p> <p>10:30 Saturday Morning Coffee 2:00 Crossword Puzzles</p>
<p>29 10:30 Group Exercise & Trivia 2:00 Cards, Games & Snacks</p>	<p>30 10:30 Music Therapy w/Meaghan 11:00 Pet Therapy- Gibson 2:00 Ashlee & Doll Therapy</p>	<p>31 10:30 Pet Therapy- Fado 10:30 Bible Study 11:00 Trivia 2:00 Birthday Party- Lee/Kenny/ Doug</p> 			<p>Watch for the next edition of our Newsletter coming in February! If you wish to make a submission, see Jen White!!</p>	

