

Cycle 5	Sunday 23 rd	Monday 24 th	Tuesday 25 th	Wednesday 26 th	Thursday 27 th	Friday 28 th	Saturday 29 th
Breakfast	Cereals Toast Bacon Fried Eggs Tea/Coffee/Juice	Cereals Toast Scrambled Eggs Tea/Coffee/Juice	Cereals Toast Boiled Eggs Tea/Coffee/Juice	Cereals Toast Omelet Bacon Tea/Coffee/Juice	Cereals Toast Scrambled Eggs Tea/Coffee/Juice	Cereals Coffee Cake Muffin Cheese Tea/Coffee/Juice	Cereals Toast Boiled Eggs Tea/Coffee/Juice
Dinner	Roast Pork Applesauce Garnish Mashed Potato Carrot & Parsnip Coins	Steak & Onions Baked Potato & Sour Cream Sweet Potato Peas	Celebration Chicken Mashed Potato Mixed Vegetable	Cabbage Rolls Mashed Potatoes Wax Beans	Steamed Ham Scalloped Potatoes Corn Broccoli	Salt Cod Pork Scraps Mashed Potato Carrot Coins Green Beans	Meatloaf Mashed Potatoes Wax Beans Beets
	Butterscotch Sundaes	Sliced Bananas	Yogurt	Pears	Mixed Fruit	Mandarin Oranges	Peaches
	Sand Egg Cr. Of Tomato Soup	Sandwich Assorted Cr. Of Chicken	Sand Ham Chicken and Rice	Sand Turkey Frozen Soups	Sand Tuna	Sand Ham	Sand Egg
Supper	Homemade Beans & Wieners Corn Cake	Sweet & Sour Pork Oven Rice	Hot Beef Sandwich Gravy Fries	Homemade Vegetable Soup HM Roll Fresh Salad	Chicken Cold Plate Tomato, Cucumber & Feta Salad Devilled Eggs HM Brown Bread	Ham Hash Brown Casserole	Homemade Fish Cakes Coleslaw Chow
	Blueberry Coffee Cake	Coconut Cream Tarts	Date Drop Cookies	Lemon Bar Squares	Cottage Pudding	Jell-O & Topping	Oatcakes

****Ground/Pureed Diets should be appropriate to meal provided****